

These daily prayers were provided by Annemarie Sunderhuse from Breakthrough 180 Prayer. To schedule a free online prayer session go to <https://breakthrough180prayer.com>

These are such good reminders for all of us because we all have doubts and struggles. Praying these prayers will help bring us all back to truth.

Day 1: Grounded in Who You Say I am

Dear Heavenly Father,

Thank you that You say I am a new creation. Thank you that all grace abounds toward me. Thank you that I am Blessed with all spiritual blessings. Thank you that You say I am your Beloved. Thank you that You say I am chosen. Thank you that I am a co-heir with Christ. Thank you that You say I am created for good works. Thank you that You say I am gifted. Thank you that I am redeemed, sanctified, saved and sealed. Thank you that I am a shining star. Thank you that You say I am seated with you in heavenly places. Thank you that You say I am of a chosen generation.

I love you Lord, it is who you say I am that matters, not what anyone else says. Thank you for this day and help me to represent you well and be a Blessing to your people with confidence because of who you say I am. I am yours!

Day 2: Grounded in Your Supreme Love

Thank you, God, that you created me and that you love me, You say:

"My little child, I love you." John 15:9

"Beloved, I wish above all things that you prosper and be in good health, even as your soul prospers." 3 John : 2

"Because you are precious to me, and honored, I love you." Isaiah 43:4

"I have loved you with an everlasting love and I will continue my Constant love." Jeremiah 31:3

"How can I abandon you? My love for you is too strong." Hosea 11:8

"I love you so much that I hung on the cross at Calvary. I died for you, and if you believe in Me, you will have everlasting life." John 3:16

"Beloved, my eyes are upon you and I will give you hope, for I am merciful." Psalm 33:18

"The mountains may depart and the hills will be shaken, but my steadfast love for you will never end." John 54:10

Thank you that I am your Beloved, help me to receive your love in a greater way, & know and relish in your love even more than I have. Help me to continue to grow stronger in You & experience more of your amazing love today. Thank you for your love for me.

Day 3: Grounded as Your Precious Child

Thank you that I am a child of yours, you say:

"I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty." 2 Corinthians 6:18

"Before I formed you, I knew you. And before you were born, I consecrated you." Jeremiah 1:5

"Can a woman forget her own baby and not love the child she bore? Yet, even should she forget, I will never forget you. I cannot forget you. See, I have engraved you in the palm of my hands." Isaiah 49:15-16

"You may have sorrow now, but I will see you again, and your heart will rejoice and no one will take your joy from you." John 16:22

Thank you for creating me, thank you that I can come to you 24 hours a day, 7 days a week and you are there for me and want to hear from me. Thank you for helping me, listening to me, protecting me and keeping me. I love being with you and talking with you!

Day 4: Grounded in Identity

Good Morning Jesus, Thank you that I am absolutely worthy of you! You say:

"I have called you by your name, you are mine." Isaiah 43:1

"You did not choose me, I chose you." John 15:16

Thank you for choosing me, thank you for loving me, thank you for dying for me so that I can have eternal life with you. Thank you that you say I have the mind of Christ, you've freely given me all things. My identity is that I am your child, your Beloved, & I am a friend of yours (John 15:15) and you are my friend.

Day 5: Grounded in Safety

Thank you for protecting me, you are strong, you are able.

"For I, the Lord your God, am holding you by your right hand." Isaiah 41:13

"When you pass through the deep waters, I will be with you. Your troubles will not overwhelm you. The hard trials that will come will not hurt you." Isaiah 43:2

"I will give you peace in the midst of a storm, not as the world gives. Let not your heart be troubled, neither let it be afraid." John 14:27

*"When you lie down, do not be afraid, your sleep shall be sweet." Proverbs 3:24
Thank you for your protection and being my Shepherd who keeps me safe.*

Day 6: Grounded in Trust

*Thank you for working all things for my good, your word says "You work all things for the good of those who love you, who have been called according to your purpose."
"Romans 8:28*

Thank you that I can trust in you with my whole heart. "Trust in the Lord with all of your heart,. and do not lean on your own understanding. In all your ways acknowledge Him, and He will make straight your paths." Proverbs 3: 5-6.

"Do not let your heart be troubled, trust in me." John 14:1

"You will have access to my grace and rejoice in hope while sharing in the glory of my Father." Romans 5:2

Heavenly Father, help me to be committed to trust you in all things and allow you to be my guide. You know what's best for me and my family and you see the whole picture. I trust in you!

Day 7: Grounded in Comfort

Praise you God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, you comfort us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God." 2 Corinthians 1: 3-4

"I am with you always until the end of the world." Matthew 28:20

"I will help you." Isaiah 41:14

"When you walk through the valley of the shadows of death, do not be afraid because I am with you. My rod and my staff will comfort you. I will lead you in the path of righteousness." Psalm 23:4

"Do not worry." Luke 12:9

"Even the hairs of your head have all been counted, so there is no need to be afraid of anything." Matthew 10:30

"Come to me, all you that labor and have heavy burdens and I will give you rest." Matthew 11:28

Thank you for your comfort, compassion, provision and care for me. You are my Comforter, I am grateful!