

# DIRTY DOZEN

Prioritize Organic Here

Strawberries

Spinach

Kale, Collard & Mustard Greens

Peaches

Pears

Nectarines

Apples

Grapes

Bell & Hot Peppers

Cherries

Blueberries

Green Beans

# CLEAN 15

Safer to Buy Conventional

Avocados

Sweet Corn

Pineapple

Onions

Papaya

Sweet Peas (frozen)

Asparagus

Honeydew Melon

Kiwi

Cabbage

Mushrooms

Mangoes

Watermelon

Sweet Potatoes

Carrots